

AUTUMN MENU

WEEK ONE

WEEKS COMMENCING:
31/8, 21/9, 12/10, 2/11, 23/11

MAIN ONE

MAIN TWO

JACKET POTATO

SANDWICH

WRAP

DESSERT

MONDAY

Tomato and Pesto
Pasta with Garlic
Bread and Sweetcorn

Sweet Potato Falafel
with Tomato Sauce,
Penne Pasta, Garlic
Bread and Sweetcorn

Jacket Potatoes
served daily with a
selection of fillings

Cheese and Tomato

Ham Salad

Fresh Fruit Salad

TUESDAY

Devon Beef Bolognese
with Penne Pasta
and Fresh Broccoli

Vegetable and Bean
Bolognese with Penne
Pasta and Broccoli

Jacket Potatoes
served daily with a
selection of fillings

Egg Mayo

Tuna and Cucumber

Oaty Cookie and Fruit

WEDNESDAY

Roast Devon Gammon
and Gravy with Crispy
Roast Potatoes, Carrots
and Savoy Cabbage

Sweet Potato and
Chickpea Slice with Crispy
Roast Potatoes, Carrots
and Savoy Cabbage

Jacket Potatoes
served daily with a
selection of fillings

Ham and Tomato

Cheese and Cucumber

Strawberry Jelly
and Fruit

THURSDAY

Salt and Pepper Chicken
with Chinese Noodles
and Stir-Fried Vegetables

Hoisin Vegetable and
Chickpea Stir-Fry with
Chinese Noodles and
Stir-Fried Vegetables

Jacket Potatoes
served daily with a
selection of fillings

Chicken Mayo

Cheese and Salad

Yoghurt and Fruit

FRIDAY

Fish Fingers with
Chips, Garden Peas
and Baked Beans

Black Bean and
Mozzarella Quesadilla
with Chips, Garden Peas
and Baked Beans

Jacket Potatoes
served daily with a
selection of fillings

Cream Cheese
and Cucumber

Tuna Salad

Cheese, Apple
and Crackers

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.



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The School Food Revolution

AUTUMN MENU

WEEK TWO

WEEKS COMMENCING:
7/9, 28/9, 19/10, 9/11, 30/11

MAIN
ONE

MAIN
TWO

JACKET
POTATO

SANDWICH

WRAP

DESSERT

MONDAY

Bacon Topped Macaroni
Cheese with Garlic Bread
and Fine Green Beans

Macaroni Cheese
with Garlic Bread
and Fine Green Beans

Jacket Potatoes
served daily with a
selection of fillings

Ham

Cheese and Tomato

Fresh Fruit Salad

TUESDAY

Devon Beef Chilli Con
Carne with Rice,
Tortilla Chips and
Sweetcorn

Five Bean Chilli with
Rice, Tortilla Chips
and Sweetcorn

Jacket Potatoes
served daily with a
selection of fillings

Tuna Salad

Ham and Tomato

Chocolate Mousse
and Fruit Pot

WEDNESDAY

Roast Chicken and
Gravy with Crispy Roast
Potatoes, Broccoli and
Carrots

Spanish Vegetable and
Butterbean Bake with
Crispy Roast Potatoes,
Broccoli and Carrots

Jacket Potatoes
served daily with a
selection of fillings

Cream Cheese
and Cucumber

Ham Salad

Yoghurt and Fruit

THURSDAY

West Country Brunch:
Devon Pork Sausage,
Bacon, Hash Brown, Baked
Beans and Sweetcorn

Vegetarian Brunch:
Quorn Sausage, Hash
Brown, Grilled Tomato,
Baked Beans and
Sweetcorn

Jacket Potatoes
served daily with a
selection of fillings

Egg Mayo

Tuna Salad

Peach Crumble
and Custard

FRIDAY

Baked Breaded Fish or
Salmon Fingers with
Chips, Garden Peas
and Fresh Salad

Spinach and Potato
Spanish Omelette with
Chips, Garden Peas
and Fresh Salad

Jacket Potatoes
served daily with a
selection of fillings

Chicken Mayo

Cheese and Salad

Ice Cream and Fruit

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AUTUMN MENU

WEEK THREE

WEEKS COMMENCING:
14/9, 5/10, 16/11, 7/12

MAIN ONE

MAIN TWO

JACKET POTATO

SANDWICH

WRAP

DESSERT

MONDAY

Mozzarella and Tomato Pasta Bake with Garlic Bread, Sweetcorn and Salad Sticks

Vegetable Pasta Bake with Garlic Bread, Sweetcorn and Salad Sticks

Jacket Potatoes served daily with a selection of fillings

Cheese

Ham Salad

Fresh Fruit Platter

TUESDAY

Cajun Chicken Breast with Fruity Cous Cous, Rainbow Slaw and Carrot Sticks

Moroccan Chickpea and Squash Tagine with Fruity Cous Cous, Rainbow Slaw and Carrot Sticks

Jacket Potatoes served daily with a selection of fillings

Egg Mayo

Tuna Salad

Shortbread Cookie and Fruit

WEDNESDAY

Devon Roast Pork and Gravy with Crispy Roast Potatoes, Carrots and Broccoli

Vegetable and Lentil Pie with Crispy Roast Potatoes, Carrots and Broccoli

Jacket Potatoes served daily with a selection of fillings

Tuna Mayo

Ham and Tomato

Raspberry Jelly and Fruit

THURSDAY

Crispy Chicken Katsu Curry with Rice, Naan Bread and Fine Green Beans

Cauliflower, Chickpea and Butternut Curry with Rice, Naan Bread and Fine Green Beans

Jacket Potatoes served daily with a selection of fillings

Ham Salad

Cheese

Apple Crumble and Custard

FRIDAY

Fish Cake with Chips, Baked Beans and Garden Peas

Vegetable Nuggets with Chips, Baked Beans and Garden Peas

Jacket Potatoes served daily with a selection of fillings

Chicken Mayo

Cream Cheese and Cucumber

Yoghurt and Fruit

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