

Riding Opportunity: **Swifts and Nightingales**

Dear Parents,

We have been given an amazing opportunity for our children across the school to participate in cycling training sessions on the Meadowbrook cycle track with a trained bike coach as part of our PE offer across the curriculum.

These sessions, which are fully funded by the school will give every child the opportunity to grow, flourish and access an alternative sport to the National Curriculum. We recognise that cycling is also very important in our local area. One of our Trust wide beliefs is 'realising the possible' and our vision for the children is to be able to experience opportunities to grow in confidence and build an understanding of what they can achieve.

Every class will get this opportunity across the year. The next two classes to have their sessions will be:

Swifts 1pm - 2pm

Nightingales 2pm – 3pm

These will start **Wednesday 25th February 2026** and the final session will be on **Wednesday 1st April 2026** Please be aware that in adverse weather conditions sessions can be cancelled for the safety of the children. An email or text reminder will be sent with as much notice as possible.

We ask that your child brings their own bike and helmet each Wednesday however, there will be opportunities to borrow bikes for those who do not have them. Any questions, please ask your child's teacher for more information.

Best wishes,

Miss M



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