

Menu Listing with Traffic Lights and Allergens

sarah.rowe@educatering.uk

MASTER PRIMARY APRIL 26 MENU WEEK 1 DAY 1

Legend	
✓	Contains
?	May Contain
!	No Data

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Crispy Devon Bacon Tomato Gnocchi	1108.0	NONE 264.8	NONE 11.9	NONE 5.2	NONE 23.3	Contains: Wheat.	✓						✓		?				✓	?
Primary Tomato & Mozzarella Gnocchi	650.2	NONE 155.4	NONE 4.1	NONE 2.0	NONE 23.3	Contains: Wheat.	✓						✓		?				✓	?
Primary Fine Green Beans	60.3	NONE 14.4	NONE 0.3	NONE 0.1	NONE 1.9															
Primary Fresh Chopped Salad	19.2	NONE 4.6	NONE 0.1	NONE 0.0	NONE 0.7															
Primary Jacket Potato with Beans & Salad	10293.0	NONE 2460.1	NONE 7.8	NONE 0.4	NONE 374.9															
Primary Jacket Potato with Cheese & Salad	1255.5	NONE 300.1	NONE 9.5	NONE 4.5	NONE 45.3								✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1277.3	NONE 305.3	NONE 8.1	NONE 0.7	NONE 44.1					✓	✓				?					
Primary Fresh Fruit Salad	125.6	NONE 30.0	NONE 0.1	NONE 0.0	NONE 7.3															
Secondary Sandwich Cheese & Tomato On White	1655.2	NONE 395.6	NONE 19.4	NONE 9.9	NONE 37.0	Contains: Wheat.	✓						✓							✓

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- Celery
- Cereals containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Sulphur Dioxide and Sulphites
- Soya

Description	Energy	Fat	Saturates	Sugars	Salt																
Primary Cold Wrap Devon Ham & Salad	558.9	NONE 133.6	NONE 5.0	NONE 1.8	NONE 12.0	Contains: Wheat.	✓							?							

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MASTER PRIMARY APRIL 26 MENU WEEK 1 DAY 2

Legend	
✓	Contains
?	May Contain
!	No Data

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Devon Beef Burrito	1176.1	NONE 281.1	NONE 11.1	NONE 3.9	NONE 31.5	Contains: Wheat.		✓							?					
Primary Vegetable Fajita Wrap	590.1	NONE 141.0	NONE 6.8	NONE 2.5	NONE 15.2	Contains: Wheat.		✓					✓		?					
Primary White & Wholegrain Rice	696.6	NONE 166.5	NONE 1.4	NONE 0.4	NONE 35.4															
Primary Salad Sticks (Hand Cut)	41.1	NONE 9.8	NONE 0.2	NONE 0.0	NONE 1.9															
Primary Sweetcorn	195.8	NONE 46.8	NONE 1.1	NONE 0.2	NONE 6.6															
Primary Jacket Potato with Beans & Salad	10293.0	NONE 2460.1	NONE 7.8	NONE 0.4	NONE 374.9															
Primary Jacket Potato with Cheese & Salad	1255.5	NONE 300.1	NONE 9.5	NONE 4.5	NONE 45.3								✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1277.3	NONE 305.3	NONE 8.1	NONE 0.7	NONE 44.1					✓	✓									?
Primary Chocolate Shortbread	950.5	NONE 227.2	NONE 12.5	NONE 5.2	NONE 26.8	Contains: Wheat.		✓												?

MASTER PRIMARY APRIL 26 MENU WEEK 1 DAY 2

Legend	
✓	Contains
?	May Contain
!	No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Sandwich Egg Mayonnaise	1523.3	NONE 364.1	NONE 19.0	NONE 2.7	NONE 33.1	Contains: Wheat.	✓		✓						?					✓
Primary Cold Wrap Tuna Mayonnaise & Cucumber	761.3	NONE 182.0	NONE 9.0	NONE 1.4	NONE 11.9	Contains: Wheat.	✓		✓	✓					?					

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MASTER PRIMARY APRIL 26 MENU WEEK 1 DAY 3

Legend

✓ Contains

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! No Data

Celery
 Cereals containing Gluten
 Crustaceans
 Eggs
 Fish
 Lupin
 Milk
 Molluscs
 Mustard
 Nuts
 Peanuts
 Sesame
 Sulphur Dioxide and Sulphites
 Soya









Description	Energy	Fat	Saturates	Sugars	Salt																		
Primary Roast Chicken & Gravy	347.4	NONE 83.0	NONE 1.5	NONE 0.4	NONE 1.4																		
Primary Vegan Root Vegetable Wellington	731.0	NONE 174.7	NONE 8.8	NONE 3.5	NONE 15.4	Contains: Wheat.						✓		?		?							✓
Primary Roast Potatoes (Prepped)	501.9	NONE 120.0	NONE 5.2	NONE 0.7	NONE 17.2																	✓	
Primary Carrots Sliced (Prepped)	87.9	NONE 21.0	NONE 0.2	NONE 0.1	NONE 4.7																	✓	
Primary Savoy Cabbage (Hand Cut)	67.8	NONE 16.2	NONE 0.3	NONE 0.1	NONE 2.3																		
Primary Jacket Potato with Beans & Salad	10293.0	NONE 2460.1	NONE 7.8	NONE 0.4	NONE 374.9																		
Primary Jacket Potato with Cheese & Salad	1255.5	NONE 300.1	NONE 9.5	NONE 4.5	NONE 45.3								✓										
Primary Jacket Potato with Tuna Mayonnaise & Salad	1277.3	NONE 305.3	NONE 8.1	NONE 0.7	NONE 44.1							✓	✓						?				
Primary Ice Cream & Fruit	260.9	NONE 62.4	NONE 2.2	NONE 1.1	NONE 10.0								✓										

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Celery
 Cereals containing Gluten
 Crustaceans
 Eggs
 Fish
 Lupin
 Milk
 Molluscs
 Mustard
 Nuts
 Peanuts
 Sesame
 Sulphur Dioxide and Sulphites
 Soya













Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya	
Primary Sandwich Devon Ham	1166.9	 278.9	 8.7	 2.3	 32.6	Contains: Wheat.	✓													✓	
Primary Cold Wrap Cream Cheese & Cucumber	531.4	 127.0	 6.4	 3.7	 12.6	Contains: Wheat.	✓						✓		?						

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Legend	
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Description	Energy	Fat	Saturates	Sugars	Salt		Allergens														
							Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya	
Primary Custard Cookie	819.0	 195.7	 10.2	 4.2	 25.6	Contains: Wheat.	✓		?											?	
Primary Cold Wrap Cheddar Cheese & Salad	747.6	 178.7	 10.4	 5.2	 13.4	Contains: Wheat.	✓					✓		?							
Primary Sandwich Chicken Mayonnaise	1236.8	 295.6	 8.6	 0.9	 33.4	Contains: Wheat.	✓		✓					?							✓

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MASTER PRIMARY APRIL 26 MENU WEEK 1 DAY 5

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Celery
 Cereals containing Gluten
 Crustaceans
 Eggs
 Fish
 Lupin
 Milk
 Molluscs
 Mustard
 Nuts
 Peanuts
 Sesame
 Sulphur Dioxide and Sulphites
 Soya

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Sandwich Cream Cheese & Cucumber	1002.5	239.6	6.1	3.3	33.8	Contains: Wheat.	✓						✓							✓
Primary Cold Wrap Tuna Mayonnaise & Salad	772.7	184.7	9.1	1.4	12.3	Contains: Wheat.	✓		✓	✓					?					